



# Clearing and Cleansing with BTB Feng Shui and the Angels

## 9 Life Aspirations

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*Do the following exercises with the suggested mantras and meditations daily for 27 days and watch the miracles of positive change show up for you in one or all of the following life aspirations!*

**The first area of aspiration is CAREER.**

In BTB, better known as Black Sect Tantric Buddhist Feng Shui, the mouth or doorway to the entrance of your home or office is the most significant area for enhancing the energy or chi that travels to your door.

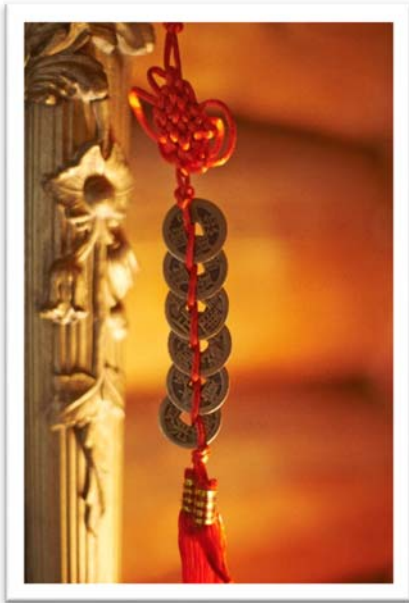
When preparing and analyzing your property for career, first examine the outer limits of your property. Look at the land formations around your property. Assess from the front door, as you view the entrance to your property all the way to your doorway; imagine what it is like for

anyone or anything that starts to make a path to your front door. Is it free of debris or items that are in the way? Are there any trees or other items that block the view to the front door? Keep in mind that chi (energy) loves to meander so as you examine the sidewalk leading to your door the chi needs to have something of color leading it to the doorway. Color has a higher vibration and captures our attention as well as the energy coming to your door. How many doors do you notice that are brown or black? How many capture you attention when they are red or yellow? You will want to have the very best uplifting energy coming into your home or office. You can do this by harnessing the energy with uplifting or high vibrational colors. Be sure to have the door clean and pleasant with hardware that is fresh and unmarred by the elements.

Some Feng Shui masters teach there are seven dimensions of energy and the physical dimension is the one dimension we are most accustomed

to viewing. This is also the dimension with the least vibratory rate. When we want to illicit change we can alter the physical items by moving them or by adding color and sound to our environment which will change and raise or lower the chi. The ancient masters knew that by promoting the energy outside our property and harnessing that energy in a way that attracts it to the front door can raise the energy that is coming inside the property. As you open your front door make sure the door does not hit anything. Make sure the door opens freely and does not stick. Be sure to check the hardware for marks or dirt and repair or clean if necessary. Now you are ready to enjoy the wonderful and fresh energy you have invited into your home.

Next we will discuss the mantra you may choose to use for the career aspect. Consider a present tense mantra that you say with intention and conviction such as: *I am in the very best job for me and I enjoy the*



*people I serve. I love my career and I am paid well for what I do!*

The first area of focus is the angel that is helping you with your career. Consider taking just 9 minutes a day and focus on the archangel Gabriel to help you reach your highest personal potential in your chosen field. Gabriel is willing and wanting to help you focus on personal empowerment and honesty in your chosen career. The colors that will help you manifest the energy from archangel Gabriel are white and/or copper. As you meditate, focus on the help you need all the while bringing the colors to you in the meditation and visualization.

### **The second area of aspiration is SPIRITUALITY.**

This area in your home is a wonderful area to enhance for attracting miracles! This area is located inside your entrance and directly to the front left of your property. Check this area outside first. As Feng Shui masters have said, the outside is more important than the inside.

When you have cleared all dead leaves and debris from this area you are now ready to move inside to the front left room. In this room you

want to check and make sure that there is minimal or no clutter. The room is in the earth section of the energy map and therefore has a predominance of the earth element. You can energize either in stones, crystal, and or colors of earth helping to make this room even more energized for the spirituality aspect. Adding a bowl of crystals or stones to a table in this room is auspicious and adding the colors yellow, beige, or light brown are all also great vibratory enhancers. You may also want to lift the energy here with a beautiful piece of artwork.

The mantra for this area: *My spiritual core opens and my life changes in the most positive and miraculous ways.*

The angel for the spirituality area helping you is Tzaphkiel. Focus on the color blue as you meditate on being more open to your spiritual side all the while asking for the help of Tzaphkiel. You will notice books, people and items coming your way that will be helpful to you on your spiritual journey.

### **The third area of aspiration is FAMILY and WELLNESS.**

This area is an important area to focus on for creating harmony within ones family by helping everyone in the family to have elevated chi and positive feelings toward each other and the world around them. What a gift you can cultivate here!

To begin in this area, first look at the land outside your property. When facing your property this area is in the middle of the left side of the property. Is there a predominance of leaves, branches, dead flowers in pots, etc.? If there is nothing in this area that represents clutter or debris then consider the land may need to have a border with the adjacent property. Sometimes we can be impacted by the energy of others and that can extend to the property

of others. This area is represented by wood energy. This is represented best by the color green, for example, green bushes or trees.

Once you have established that this area is clear and clutter free then move inside and examine your left middle room of the house. What are the predominant colors present? If for example, the room is painted red which is a fire element then you will want to bring in the color green in the form of colors or plants to balance the energy and to activate the wood element in this area. You will want to make sure the room is free of clutter, and is clean and balanced with the wood element. You may want to place family photos or albums in this area. Adding artwork with the color green or beautiful landscape would also be ideal.

The Mantra for this area is: *our family is happy, loving, and well!*

The angel Raphael assists you here in meditation. Raphael is the angel of health and wellbeing. As you meditate with Raphael, focus on the color green and at the same time intend and ask for healing in your body mind and soul. Raphael is there for you.

### **The fourth area of aspiration is PROSPERITY.**

This area, like the Health and Family area, is represented by wood energy. As you stand outside your property view the far left of your property. Is your land bordered by anything such as another property or trees or fences? Is the land clear of debris? Can you move freely in this area? These are all important considerations when examining this area for the energy map on prosperity. As we talked about in the previous sections the use of color can have a wonderful, uplifting, and positive impact on the land



especially here. You can use colorful flora to raise the energy here, or you may decide to add colored lighting or a bed of colored flowers. Having the wood element is fine here, as in trees or bushes, but you may want to raise the energy of the wood element by adding some fire colors to the area such as reds and purples.

Once you have completed your adjustments to the land then you will again go inside and examine the far left back corner of the interior of your home. This area is again represented by the wood element as in the colors green or browns. You can raise the energy further here by adding some fire colors or adding some water colors here. You can add a vase of beautiful colored silk flowers, a painting with vibrant colors, or even a small fountain. These elements will assist in creating a higher vibratory setting for prosperity.

A present tense mantra for this area is: *I am NOW abundantly prosperous!!!*

The archangel Ariel chooses to join you here in meditation. As you meditate and contemplate increased abundance and prosperity, notice and visualize the color pink ushering in Ariel knowing that Ariel is helping you have increased wealth in all areas of your life.

### **The fifth area of aspiration is INCREASING FAME.**

This is an area you will want to be careful when you enhance because

one can become famous for negative and positive things. You will want to constantly intend on positive focus for increased recognition in the work or area of life you are wanting recognition in. When you view outside your property the area to examine is the middle of the center of your back yard or middle of the back of your property. First you will need to make sure this area is clutter and debris free. Next you will want to consider what you can add here for enhancement. The fire element is what is needed here and one suggestion may be to add a chiminea or fire pit. You may want to add a light here and keep it on most of the time. The color red is perfect for raising the energy here. Perhaps, you can add a beautiful garden of vibrant red flowers or a red hummingbird feeder here.

Once you have completed the enhancement of the land outside then you will want to move inside and examine what is there. This area is located in the far back middle of your interior. What is this space used for? Is it clutter free? Is it clear and clean of anything you are not enjoying? Is there a door here? You can simply add a red rug, or perhaps paint the wall red here. You can also decide to add a piece of artwork here that depicts the energy and aspiration of fame you are looking to enhance. After you have completed your examination of this area and made the required changes, stand back and view the area for any additional needed changes.

You are now ready for your mantra here. Use the present tense mantra: *I live a life of good fortune and fame and I experience positive attention for what I do.*

The archangels joining you here in meditation are Barachial and Pathiel! Barachial helps you to be open to good fortune and fame. Pathiel

opens gates of manifestations so everything flows to you with ease.

### **The sixth area of aspiration is LOVE AND LOVING RELATIONSHIPS.**

This area is located in the right rear of the property. You will want to first locate this area outside the property and examine the area for clutter or debris. You will also want to notice the surrounding landscape or buildings to see if that will have any effect on the property in this area. This area is the part of the energy map that calls for the earth element to be prevalent. When adding elements to the land here you will want to consider adding terracotta planters filled with yellow or pink flowers. You may also consider planting some rose bushes here if the landscape permits. Another item that works well in this area is a stone or metal loveseat.

Once you have cleared and added enhancements to this area, go inside the property and examine the far back right room of the home. In this area you will want to consider the current color of the walls and what element that color represents. A good color for this room is an earth color, such as yellow, beige, or off-white. If one of these colors is not present, then you will want to bring in some earth elements to this room after first making sure the room is completely cleaned and de-cluttered. It is very important in this space to completely eliminate that which you do not love. Only have items or colors that are uplifting to your soul here. In addition to bringing in earth elements using the colors previously described, another way to bring in the earth element is by adding beautiful stones or crystals to this room. Adding yellow silk flowers in a vase is also another way to bring in more of the earth element, and if you are looking for



love, add pink or red silk flowers here.

The mantra for enhancing love is: *I love myself unconditionally and my heart is open to receiving and giving love daily with the people I work with.*

The angel that loves to work with you in this area for attracting more love is Archangel Chamuel. Meditate with Chamuel, visualizing the color pink, and all the while knowing you are connecting to the love and compassion all the angels are giving you.

### **The seventh area of aspiration is CREATIVITY.**

This area on the energy map is located at the middle of the right side of your property as you face it. Examine this area for dirt or debris and also scan the house for mold on the walls outside. Do the shrubs need to be trimmed or groomed? What color are the bushes or flora here? This area is best represented by metal. The metal element can be enhanced by using metal décor, such as wind chimes or yard spinners, and by using the metal colors of white, silver, or gold.

After you have completed your examination in this area move inside to the middle right of your property. What are colors of the walls here? Is this room clutter free? Are there items in this space that you love and bring you a feeling of joy? Consider adding white to this area in the form of white silk flowers. You can also add artwork with white scenery. The metal element is also represented by round shapes, so adding a clock here may just be the touch you need in this area.

The mantra for this area is: *I think only positive and creative thoughts in all I endeavor!*

The archangel for the area is Jophiel. Jophiel is the angel of beauty. She

helps you see the beauty in yourself and your creative inspirations, and also helps you notice all the beauty surrounding you daily, so you are constantly inspired. Focus on the color yellow when you meditate with Jophiel, and this will help you open to the wonderful energy of creativity you have been looking for.

### **The eighth area of aspiration is MENTORS AND HELPFUL PEOPLE.**

This is wonderful area to cultivate and Feng Shui. Who does not want more help in their life for what they are trying to achieve? Evaluate, clear and cleanse this area and you will have more help in your life. First you will need to assess the area to the immediate right of the front of your property. Is the area open or filled with leaves, sticks, or debris, of any kind? This is also an area that is considered metal, as in the energy map of the bagua. Is there a tree in this area to which you could add a wind chime? Maybe you can add a multi-family birdhouse in the color white here? You could also add a family of ceramic bunnies as they tend to multiply in real life rather quickly, and this can be the metaphor for a multitude of mentors showing up for you.

Once this area is complete, you are ready to move inside to the front right interior room of your property. As we have discussed with other areas you will want to completely clear and cleanse this area, and get rid of anything that does not uplift you. When you are complete with that process, then you may want to add metal elements in this room, such as a round clock, white silk flowers or a display of metallic ornaments. Consider having the color white be predominant here in this room, and adding photos of relatives, or others whom you felt were very inspiring, that have passed away to this area.



The mantra for this area is: *I am surrounded and protected and enfolded by the light and love of the universe (god) within and outside of me.*

The archangel happy to help you here is Michael. As you meditate with Michael, it will be helpful to you to focus on the color purple, and all the while asking and knowing you are being assisted with all your needs daily. Michael is the leader of angels and protects and provides answers to what you need.

### **The ninth area of aspiration is HEALTH and BALANCE and this is the core of life.**

Above all you will need to go to the physical center of the interior of your home and clear and cleanse this area thoroughly. This is especially important this year for the unseen energy this year can be very tough on health. Make sure that if there are stairways going up or going down that they are unobstructed. Keep any and all clutter out of this area and keep this area clean. When you are mindful and take action on keeping the center of your home clear, clean, and clutter-free, you also make room for all that is coming to you from all the other focuses/aspirations previously mentioned.

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This is the most important area of intention and concentration for you in your environment. If you find this area cluttered or dark and uninviting then clean and rearrange, paint or simply de-clutter this area permanently for enhancing all the life aspirations described above.

This area compares to your solar plexus on your body. When your solar plexus is open and functioning beautifully the chi will circulate in your body to nourish you entirely.

The mantra for this area is: *I am open to the knowledge and the wisdom of the universe in all areas of my life!*

The Archangel that is here to assist you is Raziel. As you meditate for 9 minutes with Raziel, focus on the rainbow of colors, as in a rainbow. Raziel helps you unravel the mysteries of life within and outside of you, and helps you get clear of past disharmony, thus allowing you to be open to new and wonderful positive influence from all directions.

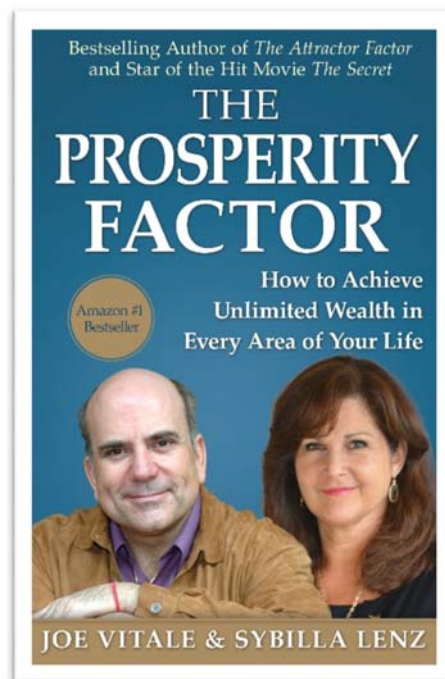
Enjoy yourself with the above exercise, and move with intention into each area you are working with. It is important for you to go through as many areas as possible, as time permits, for maximum effect in all areas of your life.

***I wish you love, peace, and health in your life!***

***Sybilla***

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## COMING SOON!



Want to learn more about bringing prosperity and abundance into your life? Sign up for updates on the release of my new book, *The Prosperity Factor*, co-authored with Joe Vitale!

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